

In the Name of God



First name and last name: Soheila Pirdadeh Beiranvand

Course name: Reproductive health

Title: Assistant Professor of Lorestan University of Medical Sciences

Address: Lorestan, Khorramabad, University of Medical Sciences, Pardis Medical center, School of Nursing and Midwifery, Department of Midwifery.

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Educational background

Master's thesis title: Evaluation of the effect of castor oil on initiating labor in term pregnancy that on 26/April/2004 from Mashhad University of Medical Sciences as best thesis at Thesis of master's degree students was sent to the 10th Medical Sciences Research Festival.

Masters Level GPA 18/02

Rank in class (MA): second

Thesis score: 19/75

PhD dissertation title: Explaining fear of natural childbirth and determining its related factors among primigravid women

Ph.D GPA: 19.08

Rank in class (Ph.D): second

Thesis score: 20

Awards and ranking

1. Achieved third rank of country in PhD. in Academic year of 2011-2012
2. Member of National Organization for Development of Exceptional Talents
3. Receive letter of appreciation from Minister of Health, Treatment and Medical Training as a best midwife in the country in 1999
4. Receive letter of appreciation from the dean of Lorestan University of Medical Sciences as best Midwifery Instructor of the year 2010

History of educational activities

Theoretical teaching (Course Name)

1. Population and family planning
2. Obstetrics
3. Epidemiologic principles
4. Maternal and Child Health
5. Physiopathology of medical - surgical disease
6. Gynecology
7. Ethics and Midwifery legislation
8. Communication and consultation on maternal and child health
9. Midwifery management principles

Practical teaching (Course Name)

1. Obstetrics
2. Gynecological
3. Maternal and Child Health in field
4. Medical - surgical diseases
5. Community Health
6. Physical examination
7. Principles and techniques of Midwifery

Lectures and teaching in workshops and training courses

1. In-service training of nursing staff Program in University affiliated hospitals

2. Mother-friendly protocol training courses 3, for midwifery of Lorestan University of Medical Sciences
3. Mother-friendly protocol training courses 2, for midwifery of Lorestan University of Medical Sciences
4. One-day Marriage Counseling conference
5. Induction of labor workshop for department of Midwifery of Lorestan University of Medical Sciences

Background research activities

Research projects

1. Explaining fear of natural childbirth and determining its related factors among primigravid women in 2013 approved by Tehran University of Medical Sciences.
2. Comparison the Dill extracts and uterine massage in reduction of postpartum hemorrhage in 2011 approved by Lorestan University of Medical Sciences.
3. The effect of Evening Primerose oil on the Premenstrual syndrome in 2010 approved by Lorestan University of Medical Sciences.
4. The effect of lavender aromatherapy massage on severity and Symptoms of primary dysmenorrhea in 2010 approved by Lorestan University of Medical Sciences.
5. Comparison of the effect of nipple stimulation and oxytocin infusion on the duration of phases of labor. Journal of kermanshah university of medical sciences in 2009 approved by Lorestan University of Medical Sciences.
6. Evaluation of the effect of castor oil on initiating labor in term pregnancy 1n 2006 approved by Mashhad University of Medical Sciences.

Papers:

1. Soheila Pirdadeh Beiranvand,¹ Zahra Behboodi Moghadam,^{2,*} Mahvash Salsali,³ Hamid Alavi Majd,⁴ Mehdi Birjandi,⁵ and Zahra Bostani Khalesi⁶. Prevalence of Fear of Childbirth and Its Associated Factors in Primigravid Women: A Cross- Sectional Study. Shiraz E-Med J. 2017 November; 18(11):e61896.

2. Zahra Bostani khalesi¹, Soheila Pirdadeh Beiranvand², Fariba Ebtekar³. Iranian midwives' knowledge of and attitudes toward female genital mutilation/cutting (FGM/C). *Electronic Physician*. February 2017, Volume: 9, Issue: 2, Pages: 3828-3832.
3. Zahra Bostani khalesi¹, Soheila Pirdadeh Beiranvand², Fariba Ebtekar³. Iranian midwives' knowledge of and attitudes toward female genital mutilation/cutting (FGM/C). *Electronic Physician*. February 2017, Volume: 9, Issue: 2, Pages: 3828-3832.
4. Pirdadeh Beiranvand S, Beiranvand NS, Moghadam ZB, Birjandi M, Azhari S, Rezaei E, Salehnia AN, Beiranvand S. The effect of *Crocus sativus* (saffron) on the severity of premenstrual syndrome. *European Journal of Integrative Medicine*. 2016 Feb 29;8(1):55-61.
5. Beiranvand S, Hosseinabadi R, Anbari K, Pirdadeh Beiranvand S, Asti P. The effect of lavender aromatherapy massage on severity and Symptoms of primary dysmenorrhea. *Complementary Medicine*. 2015; 5(1): 1028-1041.
6. Pirdadeh Beiranvand S, Akbari S, Azhari S, Birjandi M. Comparison of the effect of nipple stimulation and oxytocin infusion on the duration of phases of labor. *Journal of kermanshah university of medical sciences*. 2009; 2(41):127-34.
7. Pirdadeh Beiranvand S, Azhari S, Lotfalizadeh M, Shakeri M. The effect of castor oil on initiating labor in 40-42 weeks pregnancy. *JBUMS*. 2007; 9(4):33-38.
8. Azhari S, Pirdadeh S, Lotfalizadeh M, Shakeri MT. Evaluation of the effect of castor oil on initiating labor in term pregnancy. *Saudi Med J*. Saudi Med J. 2006 Jul; 27(7):1011-4.
9. Pirdadeh S, Azhari S, Lotfalizadeh M, Shakeri MT. Evaluation of the effect of castor oil on the cervical ripening. *Journal of Sabzevar University of Medical Sciences*. 2006; 2(44):83-88.

Papers presented at international congresses:

1. Prevalence of Fear of Childbirth and Its Associated Factors in Primigravid Women: A Cross- Sectional Study.
2. *The effect of *Crocus sativus* (saffron) on the severity of premenstrual syndrome*

3. Prevalence of Fear of Childbirth and its associated factors in Primigravid Women: a cross- sectional study
4. Comparison of the effect of nipple stimulation and oxytocin infusion on the duration of phases of labor
5. The role of GIS systems in preparedness and coping with unexpected situations
6. Assessment the knowledge of 40-50 years old women of effective life style on osteoporosis at the International Iranian Congress of Gynecology and Reproductive Health
7. Compare the vulvovaginal candidiasis treatment with Mort vaginal cream and clotrimazole vaginal tablets
8. Investigate the effect of Fish Oil on Primary Dysmenorrhea
9. Evaluation of the effect of castor oil on thr cervical ripening
10. Evaluation of the effect of castor oil on initiating labor in term pregnancy

Professional experience in the relevant field

1. About 23 years work experience: 10 years in maternity hospital Section in Haji Karim Asali Khorram Abad Hospital, 12 years of service in the Khorramabad School of Nursing and Midwifery as an instructor of nursing and midwifery students of 2005 so far (approximately 13 years of education training experience)
2. Responsible for the scientific community of midwifery students
3. Member of midwifery council research
4. Director of Clinical Department of Midwifery from the date of 12/10/2009 to February 2012
5. Director of Clinical Department of Midwifery from the date of 12/10/2009 to February 2012
6. Member of Khorramabad Faculty of Nursing and Midwifery Council
7. Member of nursing skills Committee from the date 21/01/2010 to February 2012
8. Supervising of research projects approved by University faculty members
9. Arbitration of Aflac Scientific and research papers Journal, School of Nursing and Midwifery Nursing

10. Arbitration of research projects approved by Razi Herbal Medicines Research Center, Lorestan University of Medical Sciences
11. Member of Executive Committee of new achievements of the Nursing and Midwifery conference ,University of Medical Sciences 12- 3/05/2007
12. Member of the Scientific and Executive Committee of National Congress Of Traditional Medicine, Consolidation therapy and herbal remedies, 9-10 November 2010 , Lorestan University of Medical Sciences
13. Board of directors at the 8th International Iranian Congress of Obstetrics and Gynecology, 5-9 November 2009
14. Board of directors at the 8th International Iranian Congress of Obstetrics and Gynecology 5-9 November 2009
15. Board of directors of the Congress of Traditional Medicine, Consolidation therapy and herbal remedies, 9-11 November 2010, University of Medical Sciences
16. Lecturer in-service training programs of nursing staff at university affiliated hospitals, about literature review, 14/03/2008
17. Lecturer in mother-friendly protocol training courses 3, Lorestan University of Medical Sciences, 10/10/2010 till 11/10/2010.
18. Lecturer in mother-friendly protocol training courses 2, Lorestan University of Medical Sciences, 2/12/2010 till 3/12/2010.
19. As scientific secretary and teacher workshops of standard methods to induce labor
20. Member of Midwifery system
21. ctive member of the medical community Basij

Participation in seminars and congresses

1. Thirteenth International Congress of Iranian Obstetrics and Gynecology
2. 1st International Congress on Reproductive Health and Childbearing
3. 7th International Congress on Health in Disaster
4. Seminar instructors Basij as "resistance economy
5. 20th Congress of the Association of Reproductive Medicine
6. 5th international congress on health and crisis management in disasters
7. international Congress on Traditional medicine and consolidated therapies and herbal remedies

8. 8th International Iranian Congress of Obstetrics and Gynecology
9. National Congress of Nursing and Midwifery New achievements
10. National seminar of Nurse, Midwife & Research
11. Third international conference on health and natural products
12. Third international Seminar on prevention of medical errors
13. Conference on influenza type A
14. One-day conference on medical ethics
15. One-day Marriage Counseling conference
16. New achievements in infertility Seminar
17. Treating Addiction Seminar
18. One-day Pharmacovigilance conference

Participate in workshops

1. Seminar instructors Basij as "Resistance economy and Professional ethics
2. Supplementary course of Cultural Journalism of Attachment
3. Clinical and skills course of physiologic delivery
4. Comprehensive course of Family Therapy Training based on a systemic approach to Iranian culture and its practical implications in solving family, marital and sexual issues along with the sexual education of children based on culture
5. Mixed Methods Research
6. Testing in the quantitative studies
7. Reproductive health in to emergency events
8. National workshop on clinical trials of herbal medicines
9. Relaxation Workshop
10. Yoga breathing techniques Workshop
11. International Clinical Trials Workshops
12. Workshop on Nanotechnology
13. Statistics and basic spss Workshop
14. Workshop on Familiar with native medicinal plants in Lorestan province and their applications
15. Workshop on the prism and one note software application
16. Research Ethics Workshop
17. Curriculum development and lesson planning Workshop

18. Essay Writing Workshop
19. Life Skills Workshop
20. Training course of Communicate effectively with environmental and other
21. Spss software Workshop
22. Power point Workshop
23. Water birth courses
24. Prenatal care courses
25. Presentation courses
26. Training course Database
27. Using the Computer and Managing Files course
28. Word processing training courses
29. Information and communication skills training course
30. Basic Concepts of Information Technology training course
31. Spreadsheet training course